

FOR IMMEDIATE RELEASE:

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Watery, intuitive, memories and dreams of childhood. Author Kara L.C. Jones revisits a childhood she previous thought was lost in her new book of poetic snapshots, “Woodmont Ave”.

Kara L.C. Jones, Grief Coach and heARTist founder of MotherHenna.com, published this poetry chapbook as a companion to her continued exploration of radical creativity. The book is available via Lulu.com at

<http://www.lulu.com/content/paperback-book/woodmont-ave/8320340>

and review copies are available for any radio show host or journalist interested in featuring Kara on their show or in their publication.

Terri Orris Nardelli, childhood friend of Jones, says Woodmont Ave is “a stroll down memory lane...it even gave my husband goosebumps.” Woodmont Ave explores the memories of Jones as she came of age on the Ave in the 1980’s and the memories of her mother who was a child there in the 1940’s. Woodmont Avenue has been home to four generations of Jones’ family, her great grandparents landing there after they emigrated from Italy.

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